School Wellness Report Card

CESAR CHAVEZ LEARNING CENTER

Students need healthy food and environments to reach their full potential. This report reviews our progress towards the goals outlined in our Local Wellness Policy to help student's succeed!

OUTSANDING	SATISFACTORY	NEEDS IMPROVEMENT	
✔			School encourage participation in meal programs.
		✔	Local and/or regional products are incorporated into the school meal program.
✔			More than one type of fruit is offered daily.
		✔	Teachers and other staff are receiving training in nutrition education.
✔			Physical activity is available for at least 30 minutes per day for all students.
✔			Students have opportunities to participate in physical activity before and after school.
✔			Recess is offered after lunch.
		✔	School host a school garden
		✔	School hosts field trips to local farms.
	✔		Through a formal joint- or shared-use agreement, indoor and outdoor physical activity facilities and spaces are open

Highlights

We recently relocated to a new facility that has ample space for physical education classes, a basketball court, a large multipurpose room, and a state-of-the-art kitchen. This facility will help us achieve our wellness goals. We have increased the minimum amount of daily physical activity for our students to 30 minutes and have opened the basketball court for thirty minutes before and after school for all students. Additionally, we have established a basketball team that is currently participating in a tournament against other schools in our district.

Areas for Growth

Our school has recently undergone some significant changes in the master schedule. We have added two new classes, namely Health and Nutrition and Agriculture Science. The primary aim of these new classes is to provide more opportunities for families to participate in nutrition classes and taste-testing sessions. While the addition of the Agriculture Science class has been successful, we have not yet been able to organize a field trip for students to visit local farms and get hands-on experience. However, we are looking forward to developing this aspect in the future.